

30 (DAYS): DAY 15

"If you go looking for a friend, you're going to find they're very scarce. If you go out to be a friend, you'll find them everywhere." – Zig Ziglar

1 (PERSON): FRIEND

Who Are They: _____

Why Do They Deserve Kindness: _____

What's Your Favorite Thing About This Person? _____

10 (MINUTES): PUT KINDNESS INTO ACTION

Send this friend a message with an odd comparison like, "You remind me of Michelle Obama because..." or, "Have I ever told you that your essence is just like Abraham Lincoln's because..."



Did you do it? YES! NOT YET

If yes, what did you learn? If not yet, what got in the way?
