

30 (DAYS): DAY 10

"The greatest moments in life are not concerned with selfish achievements but rather with the things we do for the people we love and esteem." –Walt Disney

1 (PERSON): BEST FRIEND

Who Are They: _____

Why Do They Deserve Kindness: _____

What's Your Favorite Thing About This Person? _____

10 (MINUTES): PUT KINDNESS INTO ACTION

Write two haikus (5 syllables, 7 syllables, 5 syllables). One will just be about this person. One will be about your friendship. Text your masterpieces to them or write them out and give them to your best friend.



Did you do it? YES! NOT YET

If yes, what did you learn? If not yet, what got in the way?
