

Community Resources

Police/Medical Emergencies	911
Community Support Services	211
Crisis Clinic/Children's Crisis Outreach Services (CCORS)	206-461-3222 or 866-4CRISIS
Children's Protective Services (CPS)	800-609-8764
Youth Eastside Services www.youtheastideservices.org Individual & Family Counseling for Drug/Alcohol, Mental Health	425-747-4937
Friends of Youth www.friendsofyouth.org	425-869-6490
LifeWire- Together Against Domestic Violence www.lifewire.org	425-746-1940
Drug & Alcohol 24-Hour Helpline	206-722-3700
Suicide Prevention 24-Hour Helpline	800-SUICIDE
Teen Link Crisis Line Chat available at www.866teenlink.org	206-461-4922 or 866-833-6546
Crisis Text Line	Text Hello to 741-741
Safe Place Nationwide, 24 hour text for support service for teens in crisis	Text SAFE to 4HELP (44357)
CHANGES Parent Support Network Free parent support group www.cpsn.org	1-888-468-2620
Alateen/Alanon Support Groups For kids/family members affected by another's alcohol or drug use www.wa-al-anon.org	206-625-0000
Boys & Girls Clubs of King County	425-827-0132
YMCA Bellevue	425-746-9797