

**June 2017 Lake Washington School District  
International Community School**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>FAVORITES</b>				1 Twisted Dog with French Fries	2 Thai Sweet Chili Chicken with Rice
	5 Macaroni & Cheese with Whole Grain (WG) Roll <b>(M)</b>	6 BBQ Pulled Pork Sandwich with Coleslaw	7 <i>Grill, Pizza &amp; Deli Offerings Available</i>	8 Supreme Nachos	9 Sweet & Sour Chicken with Rice
	12 Meatball Sub with Chips	13 Chicken Alfredo Spaghetti <b>(M)</b>	14 <i>Grill, Pizza &amp; Deli Offerings Available</i>	15 Fish & Chips	16 Teriyaki Chicken with Rice
	19 Bacon Wrapped Hot Dog with Tater Tots	20 Chicken & Waffles	21 <i>Grill, Pizza &amp; Deli Offerings Available</i>	22 School BBQ <b>(M)</b>	23 <b>Half Day – Last Day of School</b> No Lunch Service
	26	27	28	29	30
	<b>Summer Vacation</b>				

<b>GRILL</b>	Chicken Sandwich	Cheeseburger	Chicken Sandwich	Cheeseburger	Chicken Sandwich
<b>PIZZA</b>	Pepperoni Cheese <b>(M)</b>	Pepperoni Cheese <b>(M)</b>	Pepperoni Cheese <b>(M)</b>	Pepperoni Cheese <b>(M)</b>	Pepperoni Cheese <b>(M)</b>
<b>Deli Wraps, Sandwiches, and Salads</b>	Deli Sandwich Bar  Chicken Caesar Salad with WG Roll	Deli Sandwich Bar  Chef Salad w/WG Breadstick	Deli Sandwich Bar  Chicken Caesar Salad with WG Roll	Deli Sandwich Bar  Chef Salad with WG Roll	Deli Sandwich Bar  Chicken Caesar Salad with WG Roll

**What is a complete meal?**

A meal must include three of the five following choices: meat or meat alternative, grain, fruit, vegetable and milk.

Students may decline two food choices but must take 1/2 cup fruit and/or vegetables with their meal.

**A minimum of six sides offered daily  
with lunch choices**

- Fresh garden salad greens plus fruits & vegetables, in an inviting variety.
- Locally grown items are offered whenever seasonally available.
- Low-fat or fat-free milk included with all meals.

**Lunch Prices**

<b>K-5 Students</b>	\$2.75
<b>6-12 Students</b>	\$3.00
<b>Adults</b>	\$3.75

**Menu subject to change without notice.**

**Meatless Options (M)** - Identifies menu items that are or can be served without meat. Meatless options may contain eggs or dairy.

This institution is an equal opportunity provider.